

Face Masks

Safe practices when using face masks on site

Wash hands first
Always make sure you wash your hands thoroughly before and after touching a mask.

Masks
There are many different kinds of masks, depending on the task.

The right side
There is a metal clip at the top of the mask.

Placement
Place the metal clip across the top of your nose.

Attach the mask
Attach the mask by pulling the elastic bands over your ears.

Stretch down
Stretch the mask down, so that it covers your chin.

Adjust
Bend the metal clip around your nose so that it sits securely.

Taking off the mask
Pull the elastic bands away from your ears.

Disposal
Always place the used mask in a closed rubbish bin for secure disposal.

The WHO recommends that facemasks, gowns and gloves only be worn if the recommended physical distance between people cannot be maintained. Freely distributed disposable gloves, though, may be useful.

Gloves

Safe practices when using gloves on site

You will need to use gloves:



Any time you are completing a manual task
Use your usual work safety gloves.



If you are cleaning any surfaces
Use disposable gloves for this and throw them in the bin when you finish cleaning.

Remember to:



Avoid touching your face while wearing gloves



Remove your gloves and then wash your hands prior to eating, drinking or smoking/vaping



Practice good hand hygiene and good cough and sneeze etiquette while wearing gloves